## Autonomous Learning

### Learning Cycle

**1. Identify existing knowledge and skills within the learning context.**
- Identify existing knowledge and skills within the learning context.
- Identify existing knowledge and skills within the learning context.

**2. Define goals for their learning to achieve.**
- Define goals for their learning to achieve.
- Define goals for their learning to achieve.

**3. Identify their environment in order to identify new learning opportunities.**
- Identify their environment in order to identify new learning opportunities.
- Identify their environment in order to identify new learning opportunities.

**4. Evaluate their process and results and provide evidence.**
- Evaluate their process and results and provide evidence.
- Evaluate their process and results and provide evidence.

### Digital Competences and Skills

<table>
<thead>
<tr>
<th>Competences and Skills</th>
<th>Digital Competences and Skills</th>
<th>Attraction examples</th>
<th>Level of proficiency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cognitive-Informational</td>
<td>• Use digital and natural language processing.</td>
<td>• Use digital and natural language processing.</td>
<td>Level of proficiency 1</td>
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<tr>
<td>Physical-Motor</td>
<td>• Physical-Motor</td>
<td>• Physical-Motor</td>
<td>Level of proficiency 2</td>
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<tr>
<td>Communication</td>
<td>• Communication</td>
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<td>Level of proficiency 3</td>
</tr>
<tr>
<td>Creativity</td>
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<td>Flexibility</td>
<td>• Flexibility</td>
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<td>Critical thinking</td>
<td>• Critical thinking</td>
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<td>Autonomous Learning</td>
<td>• Autonomous Learning</td>
<td>• Autonomous Learning</td>
<td>Level of proficiency 1</td>
</tr>
</tbody>
</table>

### Autonomous Learning

**1. Setting goals.**
- Setting goals.
- Setting goals.

**2. Prior knowledge.**
- Prior knowledge.
- Prior knowledge.

**3. Strategies.**
- Strategies.
- Strategies.

**4. Evidence.**
- Evidence.
- Evidence.

**5. Self-evaluation.**
- Self-evaluation.
- Self-evaluation.

### Level of Proficiency

- Level of proficiency 1: Basic
- Level of proficiency 2: Intermediate
- Level of proficiency 3: Advanced